



Educating and inspiring future physicians to improve health and well-being for all through clinical excellence, innovation, scholarship, leadership, and social accountability.

## TOP STORIES:



### National Indigenous History Month

This month we celebrated National Indigenous History Month. It was an opportunity to discover the rich cultures, traditions, and experiences of First Nations, Inuit, and Métis Peoples.

To help honour the stories, achievements, and resilience of Indigenous Peoples who shaped Canada throughout history, four of our remarkable McMaster UGME medical students graciously shared insights into their identities and cultures. Throughout the month, we shared their stories to inspire appreciation and understanding as we embraced the diversity within our community. Check out our social media to [watch](#).

To learn more about how McMaster University is celebrating National Indigenous History Month, [click here](#).



### Pride Month

For Pride Month, we joined the global LGBTQ+ community in commemorating the progress and achievements made towards equality and inclusivity. Through the power of education, understanding, and acceptance, we strive to create an environment where everyone feels valued and respected. Join us in embracing diversity and promoting a culture of inclusiveness within our UGME community. We stand with and support our LGBTQ2+ students, faculty, and staff, embracing diversity and inclusivity in all aspects of medical education.

For more information, [click here](#).



### Oath Ceremony

Congratulations to the extraordinary Class of 2023 on your graduation and the momentous occasion of taking your Hippocratic Oath!

This milestone marks the culmination of years of hard work, dedication, and perseverance. As you embark on your journey as healthcare professionals, remember the immense responsibility you carry to provide compassionate care and make a positive impact on the lives of others. Your commitment to upholding the principles of medicine is commendable. We are immensely proud of your accomplishments and look forward to witnessing the incredible contributions you will make to the field. Wishing you all a bright and fulfilling future in medicine!



### Class Size Expansion

Exciting news for Fall 2023! Our class size is expanding across all three campuses.

Hamilton Campus will welcome 158 new students, up from 150, including three MD/PhD candidates and one Military student. Waterloo Regional Campus will welcome 32 students, up from 28 in previous years, and Niagara Regional Campus will similarly welcome 32 students, up from 28 in previous years. We look forward to a vibrant and diverse cohort joining us this fall!

## FACULTY/STAFF CORNER:



### Leadership Announcements

We wanted to share the exciting news about three new UGME leadership appointments. [Dr. Kathleen Nolan](#) (left) was appointed Chair, Student Affairs. [Dr. Michelle Morais](#) (center) was appointed Director, Career Development. [Dr. Natalie Raso](#) (right) were appointed as Planner, Medical Foundation 4 Brain & Behaviour Subunit.

Please join us in wishing them congratulations on their new positions!



### Congratulations Assistant Dean Amanda Bell!

The Department of Family Medicine welcomes Niagara Regional Campus' very own, Dr. Amanda Bell, who has been appointed to the rank of Clinical Professor as of July 2023.

Dr. Bell has shown a commitment to excellence in medical education and clinical practice. In 2017, Dr. Bell began her role as the Regional Assistant Dean. Dr. Bell has shown a commitment to medical education since 2008 in various leadership roles and has proven herself to be a leader.



### Andrea Payne: the Inaugural UGME Staff Peer-to-Peer Recognition Award Recipient

Congratulations to Andrea Payne, Administrative Assistant for Electives & Assessments, the deserving winner of the inaugural UGME Staff Peer-to-Peer Recognition Award. Her unwavering dedication and exceptional contributions have left a lasting impact on our UGME program. Her commitment to excellence and going above and beyond truly sets her apart.

The UGME Peer-to-Peer Staff Recognition Award was introduced as a way to recognize and honour the remarkable efforts of staff members who consistently demonstrate exceptional dedication and make significant contributions to our program's success. Andrea's recognition is a testament to her hard work and commitment to excellence. We are proud to have her as part of our UGME community. Congratulations once again, Andrea!



### Jennifer Tran Nominated for President's Award for Outstanding Service

We are thrilled to announce that Jennifer Tran, Coordinator, Communications and Community Engagement, a dedicated member of our university community, was nominated for the prestigious President's Award for Outstanding Service. This esteemed recognition acknowledges individuals who have gone above and beyond their regular responsibilities to contribute significantly to the mission of McMaster University.

Jen has consistently provided exceptional service, demonstrating a commitment to excellence in all her endeavors. Her tireless efforts have contributed to the efficiency and effectiveness of university operations, making a remarkable impact on our program. Furthermore, her dedication extends beyond the university, positively influencing both the community and the reputation of McMaster. Join us in congratulating Jennifer Tran on this well-deserved nomination.



### Celebrating Milestone Years of Dedication: Honouring Our Remarkable Staff Members

Congratulations to our dedicated staff members on reaching significant milestone years of service!

We applaud Rebecca Long, Electives and Assessments Coordinator, and Joanne Roberts, Assessment Coordinator, for their impressive 10 years of commitment to McMaster University. Patti Drochner, Administrative Assistant - Admissions, has had a remarkable 15 years of contributions that have made a lasting impact. And a special recognition goes to Wendy Edge, Admissions Officer, for an incredible 40 years of unwavering dedication. Your hard work, expertise, and loyalty are truly commendable.

Thank you all for your continued support and contributions to our success. Here's to many more years of shared accomplishments together!



## IF Tutors and Preceptors Wanted

We are seeking tutors and Clinical Skills preceptors for Integration Foundation and Medical Foundation 1.

If you are interested in tutoring in Hamilton, please register using the respective links: [C2026 MF1 form](#) and [C2025 IF form](#).

Your participation will greatly contribute to the success of our programs. Thank you for your interest!



## Remembering Dr. Tom Ruttan

On June 7, 2023, the Waterloo Regional Campus unveiled a bench and a magnolia tree planted on campus grounds in memory of Dr. Tom Ruttan, who passed away in September 2021 due to a brief illness with glioblastoma.

Dr. Ruttan was a psychologist from the University of Waterloo who served as the wellness counselor for students and residents at the Waterloo Regional Campus for nearly a decade. His tireless support for learners was accompanied by a calm, kind, demeanor and his deep care for students and residents during every interaction.

Because of Dr. Ruttan, other campuses have now implemented wellness counsellors to support learners and residents; his legacy lives on within McMaster University, Michael G. DeGroot School of Medicine.

The epitaph at the tree reads: We sit, we chat and ask each other questions, we leave as friends, all good intentions.

## STUDENT CORNER:

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### Congratulations to the Class of 2025 on Completing Their First OSCE!

Congratulations to the outstanding Class of 2025 for successfully completing your first OSCE!

OSCE, short for Objective Structured Clinical Examination, serves as a standardized method for students to practice and demonstrate clinical skills. It enables students to showcase competency in communication, history taking, physical examination, clinical reasoning, and medical knowledge. OSCEs play a crucial role in assessing competence, identifying areas for improvement, and refining the skill set of future healthcare professionals.

The hard work, dedication, and clinical skills of the Class of 2025 were commendable. With confidence and professionalism, they tackled the challenges and demonstrated their dedication to the medical field. We are immensely proud of their accomplishments and look forward to witnessing their continued growth throughout their medical journey. Keep up the excellent work!



### Service-Learning Experience at the Niagara Regional Campus

The Pipeline Project are presentations that our medical students provide to elementary and high school students in the Niagara Region. Topics range from physiology to germs to careers in medicine, with the goal of fostering career interest in healthcare (especially medicine) to students within the region.

This year, the pipeline project presented a total of 19 presentations!

Interested in taking part in the pipeline project? Reach out at [macnrcpr@mcmaster.ca](mailto:macnrcpr@mcmaster.ca) today to get connected!



## Morgan Rosenberg Wins 3rd Place at CAS Essay Competition

Congratulations to McMaster Medical Student Morgan Rosenberg for winning third place at the [Canadian Anesthesiologists Society Medical Student Essay Competition](#).

The essay titled “Time for Take-Off in Anesthesia: This is Your AI-Empowered Physician Speaking” was chosen out of 21 national entries.



## Hira Aslam Receives Jeremy Goldberg Education Award in Psychiatry

Congratulations to Hira Aslam for receiving the prestigious Jeremy Goldberg Education Award in Psychiatry at McMaster University.

This annual award, generously donated by Dr. Jeremy Goldberg, recognizes remarkable dedication to promoting psychiatry, volunteering in mental health initiatives, advocating for individuals with mental health challenges, and a commendable commitment to program development and underserved populations within the field. We applaud Hira for her academic achievements and her exemplary contributions to the community.



## Community Fridge

The Waterloo Regional Campus has installed a 24/7 campus access fridge and pantry for our learners, residents, faculty and staff – Take what you need, leave what you can.

The Community Fridge/Cupboard is meant to reduce barriers and support food security by providing food for those with access on our campus. The fridge/cupboard is located on the third floor in the student kitchen. It will be championed by the WRC but donations are welcome! If you are interested in donating, please contact [Jennifer Tran](#) to arrange drop off!



## UGME Coffeehouse: A Night of Talent and Community

McMaster’s Wellness and Social Committees came together to host a delightful Coffeehouse event. Students showcased their talents in singing, stand-up comedy, piano, guitar, and more. It was an evening filled with captivating performances and a warm, welcoming atmosphere. The event provided a wonderful opportunity for students to share their skills and connect with fellow peers. A big thank you to the committee for organizing this memorable night.



## McMaster Medical Students Support CFMS Phlebotomy Bowl

In a remarkable show of support, UGME medical students recently participated in the CFMS Phlebotomy Bowl, contributing significantly to our collective effort in blood donations this year.

A total of 15 students joined forces, resulting in an impressive count of 59 donations. We extend our heartfelt gratitude to all those who took part, making a positive impact on the lives of others. Let’s keep the momentum going as we continue collecting donations until the year’s end. For any inquiries or further information, please feel free to reach out to [Clara Hick](#) or [Abbie Lai](#).

## LEADERSHIP OPPORTUNITIES

**CURRICULUM COORDINATOR, PBL (PROBLEM-BASED LEARNING):** Seeking a faculty member who will provide support to the Hamilton campus while working with the regional campus pre-clerkship leaders. [Click here](#) for more information.

**DIRECTOR, RESEARCH AND SCHOLARSHIP:** Seeking a faculty member who will oversee research and scholarship opportunities and experiences of medical students within the distributed UGME network. [Click here](#) for more information.

## CONTACT US: