

UGME NEWS

April 2023

Your guide to the latest news from the
McMaster University Undergraduate
Medical Education Program

Educating and inspiring future physicians to improve health and well-being for all through clinical excellence, innovation, scholarship, leadership, and social accountability.

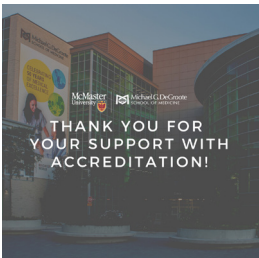
TOP STORIES:



Updated MacEssentials Tutor Training

We are excited to announce the latest addition to [MacEssentials Tutor Training](#): our new e-modules! These asynchronous modules offer academic credit and are designed to complement our revamped virtual workshop, now offered four times a year and shortened to 90 minutes. Our e-modules are available to both new and experienced tutors and can be accessed [here](#). Aspiring tutors are required to complete MacEssentials Tutor Training as a prerequisite to joining the UGME program.

Interested in becoming a tutor? For more information or to register for our next MacEssentials workshop, please email [Dagmar Todd](#), UGME Curriculum Coordinator. Don't miss out on the opportunity to enhance your tutoring skills with MacEssentials Tutor Training.



Successful Virtual MACcred2023

We want to express our deepest gratitude for the remarkable dedication and hard work our students, faculty, and staff demonstrated during the four-day virtual visit by the Committee on Accreditation of Canadian Medical Schools (CACMS). Your commitment to the accreditation process and your tireless efforts are truly appreciated.

We are incredibly proud of how your interactions with the CACMS team showcased our MD program's unwavering commitment to promoting clinical excellence, innovation, scholarship, leadership, and social accountability. Your depth of knowledge and professionalism were evident throughout the meetings, and the review team certainly took note of your consistency, composure, and expertise in responding to their inquiries.

We also want to thank you for your active participation in the pre-meeting and debrief sessions. Your feedback and insights helped us to be more responsive to the process and paved the way for our upcoming in-person visit in May.

The CACMS team will review their notes and communicate within two weeks to share the areas they would like to visit and the groups they would like to meet with in person. The MACcred team will reach out in mid-April to confirm meetings and organize any pre-visit preparation meetings throughout April and early May.

You can expect to see the CACMS team in-person as they will be touring our campuses and facilities on May 9th and 10th.

FACULTY/STAFF CORNER:



Leadership in the Spotlight: Dr. Ehab Wassif

Dr. Wassif is the Pre-Clerkship Coordinator at the Niagara Regional Campus (NRC) and a Family Physician in the Niagara Region. He lives with his wife and two children in Niagara Falls.

Dr. Wassif is responsible for operationalization of the Pre-Clerkship curriculum at NRC. In this leadership role he has oversight of the Medical Foundation Tutorials, Clinical Skills, Professional Competences and Anatomy curricula. He provides continuing professional development and coaching for tutors and clinical preceptors at the Niagara Campus. Dr. Wassif enjoys participating in curriculum development and the writing of a PBL tutorial case. He is proud of the Niagara Campus and he is thrilled that NRC MD students can now start their first Medical Foundation in Niagara.

His leadership role also extends to Postgraduate Education as Assistant Site Director in Family Medicine, allowing him to oversee the education of students in the transition from their early medical tutorials to their postgraduate training.



16th Annual Day in Faculty Development

You are invited to the 16th Annual Day in Faculty Development, #MacPFD16, focused on Advancing Inclusive Excellence in Health Education and Practice. The event will take place virtually on Tuesday, June 6, 2023, from 12:00-4:00 PM.

Jackie Schleifer Taylor, President & CEO of London Health Sciences Centre, will be the keynote speaker for the Henry & Sylvia Wong Forum.

Participants in MacPFD16 will gain knowledge and skills to promote equity, diversity, and inclusion in their practice and education environments. They will be able to describe challenges and opportunities for EDI, identify strategies to support EDI goals, and take personal actions to advance EDI initiatives while recognizing facets of institutional culture, power, privilege, and effective allyship. These learning objectives will help participants create inclusive and equitable spaces in their work and educational settings.

[Click here](#) to register.

STUDENT CORNER:



Congratulations to Kelsey Allen for Being Awarded the Dr Michael and Mrs. Janice Brent MD Bursary

Congratulations to Kelsey Allen, a proud Mi'kmaq woman and first-generation university graduate, for being awarded the Dr. Michael and Mrs. Janice Brent MD Bursary. This bursary, established in 2022, is intended to support an Indigenous MD student through their three years of training. The decision to award the bursary was made by members of the UGME Program, the Indigenous Health Learning Lodge, and Indigenous Student Services.

As the current VP of Indigenous Health on the McMaster Medical Student Council, Kelsey is an advocate for integrating Indigenous ways of knowing and two-eyed seeing into medical education. She aims to create a learning space that amplifies Indigenous voices and empowers Indigenous students to pursue their passions. The bursary will undoubtedly have a significant impact on Kelsey's ability to focus on her studies and achieve her goals.

Kelsey's aspiration is to become a knowledge keeper and medicine woman who can serve the needs of her community by pursuing an education in both Western and Traditional medicine. We commend Kelsey's dedication and efforts towards Indigenous representation in the medical field and wish her all the best in her future studies and career.



Congratulations to the 2023 MAC RES Award Winners

McMaster Medical Student Research Excellence Scholarship (MAC RES) is an annual award supporting innovative research by UGME students. Recipients of the award have shown their commitment to advancing medical knowledge by conducting research on a variety of topics. From identifying treatment subgroups for cardiometabolic diseases to characterizing the relationship between psychosis and violence in the forensic psychiatric population, these projects showcase the diversity and depth of research being undertaken by McMaster medical students. MAC RES enables these students to gain experience in research while also contributing to the medical community's understanding of health and disease.

Congratulations to all the recipients of the MAC RES award for their exceptional work and dedication to advancing medical research:

- **Alice Man**, Class of 2025, Hamilton
- **Iryna Savinova**, Class of 2025, Hamilton
- **Tara Behroozian**, Class of 2025, Hamilton
- **Leo Morjaria**, Class of 2025, Hamilton
- **Hila Shnitzer & Laurie Yang**, Class of 2025, Hamilton
- **Riya Trivedi**, Class of 2025, Hamilton
- **Zobaida Al-Baldawi**, Class of 2025, Hamilton
- **Catherine Andary**, Class of 2025, Hamilton
- **Caroline Hircock**, Class of 2024, Hamilton
- **Muizz Hussain**, Class of 2025, NRC
- **Matteo DiScipio**, Class of 2024, Hamilton
- **Joy Heifetz**, Class of 2025, Hamilton
- **Angad Singh**, Class of 2024, WRC



McMaster Medical Students Host Successful IUD Insertion Workshop

First-year medical students at the Hamilton campus recently hosted a clinical skills workshop focused on IUD insertion. The event was organized by members of the McMaster Global Health, Sexual Health, and Obs/Gyn interest groups, and led by Dr. Nancy Vu, a 3rd year obstetrics and gynecology resident at McMaster.

The workshop was attended by around 30 students who received hands-on experience and training in the safe and effective insertion of intrauterine devices (IUDs). Attendees also had the opportunity to ask questions and discuss concerns related to IUD use with their peers and Dr. Vu.

The workshop not only provided attendees with important clinical skills and knowledge but also fostered a sense of community and collaboration among McMaster medical students.

Organizers, including Nima Behravan, Tina Han, Georgia Hacker, Daniela Melis, Kristele Pan, Nishi Parikj, Joy Du, and Pascale Tsai. They express their gratitude to Dr. Vu for her guidance and to all the students who participated. Congratulations to the organizers on a successful event and thank you to Dr. Vu!



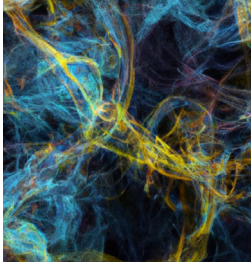
McMaster Medical Students Host Successful Teddy Bear Clinics

McMaster UGME medical students recently hosted their first and second in-person Teddy Bear Clinics (TBCs) at the Hamilton campus. The student-led initiative aimed to promote engagement in health and medicine among school-aged children and alleviate anxiety around healthcare.

At the TBCs, children were invited to role-play medical scenarios with their stuffed animals, working through various scenarios such as x-ray imaging, fracture clinics, and health promotion stations for dental care, mental health, and nutrition. The clinics were a great success, providing children with an interactive and engaging opportunity to learn about health and medicine in a fun and safe environment.

The Hamilton chapter of the initiative partnered with the Hamilton-Halton Boys and Girls Club, hosting two clinics last week, with many more planned in the coming weeks. The events were well received by both students and volunteers, who praised the initiative for its positive impact on the community.

The TBCs not only provide an opportunity for children to learn about healthcare but also inspire future healthcare providers to engage in community outreach and education.



A Taste of Psychiatry

Please join McMaster's Department of Psychiatry & Behavioural Neurosciences for a "Taste of Psychiatry". This complimentary event is an opportunity for you to join your fellow students, residents, and psychiatry consultants to explore what psychiatry has to offer. Alongside a buffet dinner at the Sheraton, you'll learn about the breadth of exciting areas that psychiatrists practice, the lifestyle and remuneration, what it's like being a psychiatry resident and more! There will be an opportunity for any questions that you may have about a career in psychiatry.

The event will be held on Friday, June 9th, 2023 at the Heritage Room of the Sheraton and begins at 5:30 pm. Seating is limited to the first 50 registrants (wait-list will be available in case of cancellations). An email with RSVP instructions will be sent to medical students on Friday, April 28.



New Service-Learning Opportunities

McMaster University's UGME Service-Learning program is offering three new opportunities for students to get involved in their community.

- The **Seasonal Agricultural Workers Health Program (SAWHP)**, also known as the "Migrant Workers' Clinic," is open to volunteers from any campus, and students can sign up on the [Medportal service-learning page](#).
- **Trees for Hamilton** is running tree-planting events that are open to students from all campuses, and the upcoming activities will be listed on the [Medportal service-learning page](#).
- **Sanctuary Refugee Health Centre** is seeking students interested in refugee health to develop health promotion and teaching for newcomer clients in partnership with the Kitchener downtown CHC. [Dr. Shiva Adel](#) is the supervisor for this activity. Students can also participate in Kitchener Downtown CHC's street outreach program for individuals experiencing homelessness as part of their service-learning experience.

Service-Learning program promotes academic learning, personal growth, and advocacy skills development while addressing social justice and health equity issues with academic credit available.

Medical Student Survey



Did you know that 5 billion people lack access to safe & affordable surgical care, and an additional 1.27 million surgeons, anesthetists, and obstetricians are needed worldwide?

MacGloSS (McMaster Global Surgery Survey) is the first study of its kind in Canada (co-led by one of McMaster's own surgical residents)! Help us understand your interest / opportunities / barriers to global surgery during your training . . .which will help shape educational opportunities in this burgeoning field.

It takes max 3-5 min - link in email inboxes of Year 1 & 3 med students. Even if you're not interested in global surgery, please complete the survey - negative responses are also informative! Thank you!



CONTACT US: